



Still Going Strong.

Dear <<First Name>>,

It's confounding to me that our last eNewsletter to you was more than a month ago. Seems like elastic time is another side effect of the global pandemic we are all living with.

As mentioned in late March, we have put all programs, other than our Good Food Bank, on hold. We have also suspended all our volunteer shifts and are handling all Good Food Bank task among the staff. It has made us all appreciate the massive help our volunteers usually provide and it has also made our team stronger. Nothing like a little adversity to bring people together!



Jess Chant, Interim Executive Director, thanks CBT, Community Food Centres Canada and all the other generous organizations and individuals for their significant, and very appreciated, support.

Donations update

As Jess mentions above, we are very, very thankful for significant emergency funding from Community Food Centres Canada and Columbia Basin Trust. We've also been really touched and are appreciative of all the donations—large, medium and small—from people like you. Thanks very much. Working at the food bank can be a little difficult with all the safety and physical distancing protocols we have in place. Knowing that we are supported by our community (local and at-large) makes it a lot easier to manage.

Support us

Special items and restaurant partners

Because some of the emergency funding we have received has to be deployed within a deadline, we are now able to share specialty foods through our Good Food Bank—things that we might not normally be able to give out. I won't *entirely* spoil the surprise - let's just say that people coming to us will be in for a treat of some kind every week for the next couple of months.

One of these treats will be coupons for local restaurants. So far, we've signed up [Louie's](#), [The Hume](#) and [Outer Clove](#). We're hopeful that we can include others like Yum Son, Kootenay Tamil Kitchen and more. This is a partnership that allows us to support great local restaurants, and for them to keep people working and provide specials meals to the community. Win, win!

Garden time

You've probably seen our 14 raised garden beds outside the Community Food Centre. This is our inaugural season and we are really excited for the first harvest. With a little friendly advice from former Nelson CFC gardener, Kim Charlesworth, we are off to the races (while respecting physical distancing). The garlic and kale is already popping up and we look forward to a delicious assortment of other veggies to share with people coming to our Good Food Bank. Dayna Jackson will be back with us as garden coordinator starting next week .



Call, email, Zoom, FaceTime, etc.

We are all finding new ways to connect and make sense of things in this off-kilter time. If you'd like to hear more about what we are doing these days and why we still love our jobs, call me at 250 551 0305 or [email me](#).

Andrew Creighton (on behalf of the team at the Community Food Centre)

PS: If you need food, call 250 354-1633 and book a slot to come in and see us on a Wednesday. Everyone is welcome.



**Thanks again for your interest and support.
It's really appreciated.**



CanadaHelps.org makes giving online safe and easy. Visit our website for other ways to [give](#) and [get involved](#).

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