

2025 Good Food Drop Program Application

Food Boxes are delivered twice per month by volunteers between 10:30am and 12pm.

Upcoming delivery dates:

Tuesday, Sep 23, 2025

Tuesday, Oct 7, 2025

Tuesday, Oct 21, 2025

Tuesday, Nov 4, 2025

Tuesday, Nov 18, 2025

Tuesday, Dec 2, 2025

Tuesday, Dec 16, 2025

Basic Information

Date:

Name:

Birth Date: mm/dd/yyyy

Phone #:

Address:

Specific delivery details (side door, etc.):

(Nelson city limits, North Shore to Balfour, or west to the Junction)

- 1. Are you able to visit the Nelson Community Food Centre Good Food Bank program? If <u>not</u>, please provide as many details as you feel comfortable sharing as to why.
- 2. If <u>not</u>, do you have someone who would be willing to pick up for you during Good Food Bank hours? (ie: friend, neighbour, support agency).

| 3. | Do you have a kitchen where you can cook basic food items? |
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| 4. | Are there kitchen tools or items that you need that would be helpful in preparing food? |
| 5• | Do you receive support for meal prepping and/or cooking? If <u>yes</u> , how many times per week? What sort of support do you receive? |
| 6. | Can you accommodate small amounts of prepared, frozen food? |
| 7. | Which foods would you <u>LIKE</u> to receive from the program? |
| 8. | Which foods do you <u>NOT</u> LIKE or WILL NOT use? Please include any allergies, preferences, and dietary restrictions. |
| 9. | What are your favourite foods or meals? |
| 10. | Is there anything else about your experience that you'd like us to know? |
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