



**COMMUNITY FOOD CENTRE**  
A Right To Food Partner

### **2026 Good Food Drop Program Application**

*Food Boxes are delivered alternating Tuesdays by volunteers. Dates and times will depend on volunteer availability. You will be notified upon signup.*

#### **Basic Information**

**Date:**

**Name:**

**Birth Date:** mm/dd/yyyy

**Phone # :**

**Address:**

**Specific delivery details** (side door, etc.):

*(We are able to serve people from Nelson to the Northshore to Granite Pointe)*

- 1. Are you able to visit the Nelson Community Food Centre Good Food Bank program? If not, please provide as many details as you feel comfortable sharing as to why.**
- 2. If not, do you have someone who would be willing to pick up for you during Good Food Bank hours? (ie: friend, neighbour, support agency).**
- 3. Do you have a kitchen where you can cook basic food items?**
- 4. Do you receive support for meal prepping and/or cooking? If yes, how many times per week? What sort of support do you receive?**

5. Can you accommodate small amounts of prepared, frozen food?

Our staples include onions, potatoes, carrots, beets, bananas, apples, eggs, and dry goods such as pasta, rice, and beans. Produce can vary depending on the season. Sometimes we have other items such as frozen/canned soups, tinned fish, and tofu.

6. Which foods would you LIKE to receive from the program?

7. Which foods do you NOT LIKE or WILL NOT use? Please include any allergies, preferences, and dietary restrictions.

8. What are your favourite foods or meals?

9. Is there anything else about your experience that you'd like us to know?