

NOTE: WE ARE UNABLE TO USE ITEMS PAST EXPIRY DATE

## NCFC Wish List

- Granola bars
- Pasta sauce/tomato sauce
- Tinned meats in water (pop-tops preferred)
- Nutritional supplement drinks such as Ensure or Boost
- Canned soups & chili (pop-tops preferred)
- Healthy, single-serve snacks
- Peanut butter or nut butter
- Cereal or instant oatmeal
- Nondairy milk products
- Small bottles of cooking oil
- Dried fruits, seeds, or nuts

Items low in sodium and  
sugar are preferred



COMMUNITY FOOD CENTRE  
A Right To Food Partner