



Dear smartname,

Spring begins 7:46 AM PST on March 20th. This is astronomical spring in the Northern Hemisphere and signals a time of transition. Days will be longer than nights. At NCFC, spring also brings transition. Our Garden Coordinator, Emil, will return in April. We have created a new position of Community Navigator, focusing on volunteers and advocacy, which will be staffed by Rosemary. And the Good Food Bank role Rosemary capably nurtured will be filled by Rae, a new staff member not new to us. Bee will soon be on leave, and Ainsleah will have regular part-time support from Maureen. Monica enters spring with a bit more time to work on telling our story after a winter of numerical heavy lifting.

My first winter in the Kootenays did not feel like winter. The robins never left, which I am told is a new behaviour pattern here. The winter was pleasant for most humans, but concerning for outdoor winter enthusiasts, ecologists and wildlife. The changing climate has me often thinking of food, how we need to think deeply about where our food comes from, and build stronger local food systems. If we are patient, observe and listen, the land has stories to share.

‘If speaking kindly to plants helps them grow, imagine what speaking kindly to humans can do.’

– Anonymous.

-Gord Androsoff, Executive Director



Growing Our Team & Expanding Our Impact

[Rae & Rosemary](#) at NCFC



We are participating in the Community Volunteer Income Tax Program (CVITP) once again. NCFC's 2026 Tax Clinic will prioritize program participants who reside in Nelson and the immediate surrounding areas. Visit our website for screening dates and times: <https://nelsoncfc.ca/calendar/> **Call 250-354-1633 if you have questions.**



Save the Date for our Quarterly Equinox meal!

Join us on **April 7th from 5-7 pm** to celebrate the change of seasons and the upcoming Spring Equinox. To mark the occasion, we will host the second edition of our “Seven Tastes, One World” dinner, created and cooked by Chef Ainsleah and her talented team of volunteers. This made-from-scratch dinner is open to everyone and will feature at least seven dishes from around the world, brought together through a complementary and unified flavour profile.

Last year’s spring dinner highlighted bright flavours like lime, chilies, and cilantro, with dishes inspired by Mexico, the Caribbean, North Africa, Tamil Nadu, and beyond. This year’s theme is umami, featuring deeply savoury dishes inspired by Ukraine, Taiwan, Palestine, Ireland, and more.

Come share a meal with your community - all are welcome!

NCFC's Annual General Meeting

We will be hosting our AGM on **April 20, 2026 at 4 pm** at NCFC in the lower hall of the United Church, 602 Silica St. You are cordially invited to attend, learn about our past and future accomplishments, and have a say on important matters.

While anyone is welcome to attend the AGM, only members who have filled out our **[Membership Form](#)** will be eligible to vote at the AGM. Refreshments will be available.

Please consider becoming a member and being an active part of the Nelson Community Food Centre. The AGM is a great opportunity to meet the Board, staff, and other volunteers.

We hope you'll join us!



Donor Shoutout

Thank you to monthly donors who provide consistent, dependable support that allows us to plan confidently and respond to urgent needs. Recurring gifts reduce administrative expenses and create flexible funds we can distribute where they'll have the greatest impact. It's easy, convenient, and highly effective.

[GO MONTHLY](#)

SUPPORT OUR MISSION

Copyright © 2026 NCFC, All rights reserved.

602 Silica St, Nelson, BC, V1L 4N1

Office Hours: M-Th 9 am-4 pm

250-354-1633 info@nelsoncfc.ca

Want to change how you receive these emails?

You can [unsubscribe](#) or manage preferences.



Share



Website



Follow



Follow